

STATE OF VERMONT  
GREEN MOUNTAIN CARE BOARD

**FY19 HOSPITAL BUDGET DECISION AND ORDER**

In re: Rutland Regional Medical Center ) Docket No. 18-012-H  
Fiscal Year 2019 )  
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**Introduction**

In July, the Green Mountain Care Board (GMCB, or the Board) began its review of the Fiscal Year 2019 (FY19) budgets of Vermont’s 14 regulated hospitals for their compliance with policy guidelines and financial targets, including a net patient revenue (NPR) growth target of 2.8% with an additional allowance of up to 0.4% for health care reform spending. *See* FY 2019 Hospital Budget Guidance and Reporting Requirements.<sup>1</sup> The FY19 submissions reflected a system-wide average NPR growth request of 2.9% (including health care reform investments) over the approved Fiscal Year 2018 (FY18) base, and an estimated weighted average rate increase of 3.1%. For the purposes of our orders, NPR is inclusive of budgeted fixed prospective payments (FPP) for those hospitals participating in health care reform programs, such as Accountable Care Organization (ACO) programs, that provide FPP.

Following a series of discussions at public board meetings, presentations by hospital leadership and GMCB hospital budget staff, and a public comment period that extended to September 10, 2018, the Board on September 11, 2018 voted to approve a 3.1% change in NPR, accept a 0.4% allowance for health care reform investments, and approve a 2.6% increase in rate for Rutland Regional Medical Center (RRMC).

**Legal Framework**

Hospital budget review is one of the Board’s core regulatory responsibilities. 18 V.S.A. §§ 9375(b)(7), 9456. Annually no later than September 15, the Board must establish each hospital’s budget, and is required to issue a written decision reflecting the established budget by October 1. 18 V.S.A. § 9456(d)(1). In making its decision, the Board is guided by its statutory charge “to promote the general good of the state by: (1) improving the health of the population; (2) reducing the per capita rate of growth in expenditures for health services in Vermont across all payers while ensuring that access to care and quality of care are not compromised; (3) enhancing the patient and health care professional experience of care; (4) recruiting and retaining high quality health care professionals; and (5) achieving administrative simplification in health care financing and delivery.” 18 V.S.A. § 9372. The Board may adjust a hospital’s budget based on its showing of exceptional or unforeseen circumstances, *see* 18 V.S.A. § 9456(f), or based on the Board’s independent review of a hospital’s budget performance. GMCB Rule 3.000 (*Hospital Budget Review*) § 3.401.

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<sup>1</sup> The hospital’s 2019 budget materials, including its budget narrative and responses to questions, are available on the Board’s website at: <http://gmcboard.vermont.gov/hospitalbudgets>. Transcripts of the hospital budget hearing are available upon request.

The Board first adopted guidelines for the hospital budget review process in 2013, and last updated them this past April.<sup>2</sup> As a key performance indicator for FY19, the Board set an overall system NPR<sup>3</sup> growth target of 2.8% over each hospital's approved FY18 budget base. The Board established an additional NPR growth allowance of up to 0.4% for health care reform activities, investments and initiatives that reduce health care costs and improve quality of care over the long term by 1) supporting the transition toward value-based purchasing, 2) increasing access to primary care, 3) reducing deaths from suicide and/or drug overdose, and/or 4) reducing the prevalence and/or morbidity of chronic disease. Hospitals requesting the additional allowance must specifically identify the health reform investment(s) in their budgets and provide a plan to measure the return on investment.

### **FY19 Review Process**

The Board and its staff have reviewed and analyzed FY19 budget information submitted by the hospitals which includes detailed financial information, payment and delivery reform investments, utilization data, population health goals, quality measure results, provision of mental health services, patient access data, budget-to-budget NPR growth rates, prior budget performance, and requested rate increases. In addition, the Board has taken into consideration comments from the Office of the Health Care Advocate (HCA) and from members of the public. The Board considered each hospital's unique circumstances, including its health care reform efforts and its efforts to address issues identified in its community health needs assessment (CHNA).

As submitted for FY19, the hospitals requested a system-wide NPR increase of 2.9% over their FY18 base NPR. Most hospitals included health care reform investments at the 0.4% allowance. Following presentations by hospital leadership, ongoing discussions between Board members, GMCB staff and the hospitals, input from members of the public and the HCA, and Board-approved adjustments to some hospitals' FY18 base NPR<sup>4</sup>, we establish an actual system-wide hospital NPR growth rate over FY18 of 2.1%.

In addition, the Board has reviewed each hospital's proposed rate increase, which is the average overall amount by which a hospital increases its charges.<sup>5</sup> Notably, each respective payer—Medicare, Medicaid and commercial—does not reimburse each hospital the same amount for the same services. For example, commercial payers can negotiate reimbursements with each hospital separately, resulting in pricing variations, while Medicaid and Medicare prices are not typically negotiable and reimbursement is instead established through each payer's

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<sup>2</sup> The FY19 Hospital Budget Guidance and Reporting Requirements are available at <http://gmcboard.vermont.gov/sites/gmcb/files/GMCB%20FY19%20Hospital%20Budget%20Guidance%20%20Reporting%20Requirements%20Final%20Apr23%20Update.pdf>.

<sup>3</sup> NPR is a key indicator used to assess changes in hospital budgets and includes payments received from patients, government, and insurers for patient care, but does not include hospital revenues from activities such as cafeterias, parking, and philanthropy.

<sup>4</sup> After Board-approved adjustments to hospitals' FY18 base NPR were finalized on September 11 and 12, the hospital-proposed systemwide NPR growth rate was 2.2%.

<sup>5</sup> Actual changes in the rates charged by the hospital will vary across service lines and goods and services provided by the hospital.

unique fee schedule and update factors. Taking into consideration all adjustments, we reduce the estimated overall system weighted average rate increase from the submitted 3.1% to 2.7%.

Finally, as we move into Year 2 of the All-Payer ACO Model Agreement, the Board, through a transparent public process, will continue to refine how it conducts its hospital budget, ACO budget and certification, and health insurance rate review processes to better understand and align its regulatory work. We encourage the hospitals to continue their efforts to favorably position their institutions, individual providers, and their served populations as we move away from a fragmented, fee-for-service system to an integrated delivery system and value-based provider reimbursements.

Based on the above, the Board issues the following Findings, Conclusions and Order:

### **Findings**

1. RRMC is a 144-bed community hospital and the second largest hospital in Vermont with its primary location in Rutland. RRMC's FY19 submitted NPR accounted for approximately 9.9% of the total submitted NPR for all 14 regulated hospitals in the State.
2. RRMC submitted its FY19 budget on July 3, 2018, seeking 3.2% growth in NPR, a total NPR of \$258,925,111, and a requested rate increase of 3.0%.
3. At its budget presentation on August 27, 2018, RRMC reduced its FY19 NPR growth request to 3.1%, inclusive of a 0.4% allowance for health care reform investments, and its rate increase to 2.6%, based on updates in its planned participation with OneCare Vermont.<sup>6</sup>
4. RRMC is requesting a 0.4% allowance, or \$1,012,440, for health care reform investments. RRMC's reported investments include hospital contributions to ACO payments to primary care providers, complex care management, and ACO dues.
5. RRMC's FY19 budget includes total operating expenses of \$268,220,795, an increase of approximately 4.1% over budgeted FY18 and 1.2% over projected FY18.
6. RRMC's budget includes reasonable estimates of \$100,822,502 in Medicare NPR, an increase of 9.6% over budgeted FY18 and 0.2% over projected FY18.
7. RRMC's FY19 budget includes reasonable estimates of \$26,077,640 in Medicaid NPR, an increase of 5.6% over budgeted FY18, and a decrease of 3.5% from projected FY18.
8. RRMC's FY19 budget includes reasonable estimates of \$128,934,039 in commercial NPR, a decrease of 1.0% from budgeted FY18, and an increase of 5.7% over projected FY18.
9. RRMC is not participating in any ACO programs in 2018, but plans to participate in the Medicaid ACO program in 2019.

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<sup>6</sup> RRMC did not submit a fully revised budget and only revised its NPR and rate increase. The budget components listed in subsequent findings are based on the budget as originally submitted.

10. RRMC's growth in NPR from projected FY18 to budgeted FY19 is 2.1%.
11. For FY19, RRMC has budgeted an operating margin of \$6,403,720, or approximately 2.3%, and a total margin of 4.4%. RRMC projects a 0.8% operating margin in FY18.
12. The FY19 budget indicates 205.7 days cash on hand.
13. Based on identified community needs, RRMC has worked to develop and expand programs to address mental health and substance abuse services for adults and youth; and to promote a healthy culture by positively influencing healthy behaviors, social and economic determinants of health, and the physical environment.
14. RRMC's narrative, testimony, and other filed budget information comply with the Board's FY19 hospital budget requirements.
15. After reviewing RRMC's submission, the Board and the HCA posed written questions and the hospital provided written responses. RRMC participated in a public hearing before the Board on August 27, 2018, where it presented information and answered questions from the Board and the HCA, and the Board discussed all 14 hospital budgets at subsequent public meetings. On September 11, 2018, the Board established RRMC's FY19 budget.
16. Approving RRMC's budget as outlined below will promote the efficient and economic operation of the hospital, and is consistent with the current Health Resource Allocation Plan (HRAP).

### **Conclusions**

The Board first approves RRMC's requested NPR growth, as revised on August 27, 2018, which at 3.1%, inclusive of the allowance for health care reform investments, falls below the Board's target.

We also approve Rutland's revised 2.6% increase in rate, the second-lowest requested FY19 rate increase of all of the 14 regulated hospitals. The hospital has this year, and in past years, voluntarily reduced rate when warranted, has invested in health care reforms and is working towards participating in the Medicaid ACO program in 2019, and has managed its budget consistent with budget guidelines. Further, we note that the increase approved by the Board does not constrain negotiations between the hospital and insurers and that actual prices paid by Vermont commercial ratepayers for health care services should reflect underlying cost and market rates for comparable services.

The Board therefore establishes RRMC's FY19 Net Patient Revenue at \$258,743,193, an increase of 3.1% from its FY18 budget and inclusive of the 0.4% allowance for health care reform investments, and approves a 2.6% increase in rate.

## Order

Based on our findings and authority granted by Chapter 221, Subchapter 7 of Title 18, RRMC's budget is approved for FY19 subject to the following terms and conditions:

- A. RRMC's FY19 NPR budget is approved at 3.1% growth over its FY18 budget and inclusive of a 0.4% allowance for health care reform investments, or \$258,743,193.
- B. RRMC's overall rate is established at 2.6% over current approved levels.
- C. Beginning on or before November 19, 2018 and every month thereafter, RRMC shall file with the Board the actual year-to-date FY19 operating results for the prior month. The report shall be in a form and manner as prescribed by the Board.
- D. RRMC shall advise the Board of any material changes to the FY19 revenues and expenses, or to the assumptions used in determining its budget, including:
  - a. changes in Medicaid, Commercial, or Medicare reimbursement;
  - b. additions or reductions in programs or services to patients; and
  - c. any other event that could materially change the approved NPR budget.
- E. On or before January 31, 2019, RRMC shall file with the Board, in a form and manner prescribed by the Board, such information as the Board determines necessary to review the Hospital's FY18 actual operating results in order to determine whether the Hospital's budget meets the Board's budget performance review policy.
- F. On or before January 31, 2019, RRMC shall file with the Board one copy of its FY18 audited financial statements and associated management letter(s), as well as the hospital's parent organization's audited consolidated financial statements, if applicable.
- G. RRMC shall timely file all forms as required for physician acquisitions and/or transfers, if applicable.
- H. RRMC shall consult with Vermont Information Technology Leaders (VITL) to facilitate patients' ability to electronically consent to adding their clinical data to the Vermont Health Information Exchange (VHIE).
- I. RRMC shall explore the option of providing health insurance coverage for its employees through a self-insured program that participates in OneCare Vermont, if the hospital provides a self-insured program.
- J. After notice and an opportunity to be heard, the GMCB may amend the provisions contained herein, and issue an Amended Order, consistent with its authority as set forth in 18 V.S.A. Chapter 220, Subchapter 1, 18 V.S.A. Chapter 221, Subchapter 7, and GMCB Rule 3.000.

- K. All materials required above shall be provided electronically, unless doing so is not practicable.
- L. The findings and orders contained in this decision do not constrain the Board's decisions in future hospital budget reviews, future certificate of need reviews, or any other future regulatory or policy decisions.

**So ordered.**

Dated: September 28, 2018  
 Montpelier, Vermont

s/ Kevin Mullin, Chair	)	
	)	GREEN MOUNTAIN
s/ Jessica Holmes	)	CARE BOARD
	)	OF VERMONT
s/ Robin Lunge	)	
	)	
s/ Tom Pelham	)	
	)	
s/ Maureen Usifer	)	

Filed: September 28, 2018

Attest: s/ Jean Stetter  
 Green Mountain Care Board  
 Administrative Services Director

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