### GREEN MOUNTAIN CARE BOARD (GMCB)

GMCB Board Meeting Minutes Wednesday, March 20, 2019 1:00 pm

#### **Attendance**

Kevin J. Mullin, Chair Susan J. Barrett, JD, Executive Director Michael Barber, General Counsel Robin Lunge, JD, MHCDS Maureen Usifer (*via phone*) Jessica Holmes, PhD Tom Pelham

#### **Executive Director's Report**

Kevin Mullin called the meeting to order at approximately 1:00 pm. Susan Barrett announced that there was a change to item 4 on the Agenda; Leigh LoPresti, M.D. is no longer at Gifford Family Medicine. On March 27, 2019 the Board will be voting on the 2020 Hospital Budget Guidance. There will also be a presentation on the FY 2018 Hospital Budget Enforcement and a report on the 2017 Health Care Expenditure Analysis.

#### **Minutes**

The Board voted (5-0) to approve the minutes from March 13, 2019.

#### Proposed Rule 7.000

Amerin Aborjaily, Associate General Counsel, GMCB

Amerin Aborjaily presented a brief overview of the rule adopting process for the Board, including the reviewers and the steps. GMCB staff has been working on updating some of the Board's rules, and Rule 7.000 had not been finalized. Rule 7.000 prescribes the process for removal of a GMCB Board member, who by statute may only be removed "for cause." The draft is available <a href="here">here</a> on the GMCB website. The estimated time frame is; the rule will be publicly posted in April, GMCB will be accepting public comment in May, and the Public Hearing and Comment Period will be at the end of May. GMCB staff asks that the public waits for the Proposed Rule to be posted on the website before providing public comment. GMCB staff recommends that the Board approve draft Rule 7.000 and direct staff to proceed with the rule adoption process. Board member Robin Lunge made a motion to approve the draft Rule 7.000. Board member Jessica Holmes seconded the motion. The Board voted unanimously (5-0) by roll call to approve the staff recommendation.

## **Public Comment**

None

#### **Combatting the Effects of Toxic Stress and ACEs**

Dr. Breena Holmes, Maternal & Child Health Director, VT Department of Health Thomas Rees, Founder and Executive Director, Resilience Transformation Partners

Dr. Breena Holmes presented Strengthening Families and Communities – Working Together to Improve Outcomes for Children. Dr. Holmes reviewed the ACEs study, and how significant adversity in childhood is strongly associated with poor health in adulthood. She spoke about the public health approach and providing frame shift to prevention and promoting protective factors. She then described the organizations and efforts in Vermont to optimize childhood development, including the state's health improvement plan, DULCE, and home visiting. The presentation is available here on the GMCB website.

Thomas Rees presented Addison County Revisioning Project, A Vermont Cultural Change Initiative. He spoke about his personal experience raising his grandchild who was affected by at least five ACEs. He explained that toxic stress is a public health crisis, the large financial stress of this on Vermont, and the outline of the Revisioning Project. The presentation is available <a href="here">here</a> on the GMCB website.

### **Public Comment**

None

## Primary Care Advisory Group (PCAG) Update to the Board

Michele Degree, Health Policy Advisor, GMCB Tim Tanner, MD, MPH, Northern Counties Health Care Leigh LoPresti, MD, North Adams Berkshire Family Medical Fay Homan, MD, Little Rivers Health Care

Michele Degree explained that there is a renewed PCAG group, with the goal of continuing to gain perspective and opinions from Primary Care Providers. There are 13 providers who meet bimonthly with GMCB staff and at least one Board member. She introduced the three PCP's present at the Board meeting.

Tim Tanner, MD, MPH, spoke about the E/M Audit Form and the issues for PCPs regarding documentation hassles. Leigh LoPresti, MD, discussed the issue of burnout for PCPs and potential causes. Fay Homan, MD, addressed the need for strengthening primary care in Vermont as well as workforce issues. To see the corresponding documents on our GMCB website, please refer to the March 20, 2019 meeting documents, click here.

#### **Public Comment**

Walter Carpenter

## **Old Business**

None

# New Business

None

# <u>Adjourn</u>

The Board voted (5-0) to adjourn at approximately 3:00 pm.