



Recovery House, Inc.

P.O. Box 207

Wallingford, Vermont 05773 – 0207

www.recoveryhousevt.org

February 5, 2021

To: Donna Jerry
Green Mountain Care Board
89 Main St.
Montpelier, VT 05620

Donna,

I am writing to request jurisdictional determination for Recovery House, Inc.

Recovery House, Inc. is a non-profit organization with several substance use treatment programs under its operation – Serenity House, Grace House, Public Inebriate Program, Spoke level Medication-Assisted Treatment (MAT), and the McGee House (unoccupied). Recovery House has been serving Vermonters struggling with addiction for 48 years. Serenity House, the oldest program available, is a 34-bed, inpatient residential detoxification and treatment program. It operates in the ASAM 3.5-3.7 level of care range. The Grace House is home to our 10-bed, low intensity residential treatment program. This program operated in the ASAM 3.1 level of care range. Also located at the Grace House is our Public Inebriate Program, serving Rutland and Addison County, as well as our small MAT program.

Recovery House provides a caring, person-center approach to substance use treatment. Each program operates within our core values, aiming to make not only the individual healthier, but the community as a whole. Grace House 3.1 Program serves as the bridge between inpatient services and the community, for the client. Community integration is a key component to this program. During their stay, each client works to gain access to community resources (i.e. Primary Care Provider, Dentist, Mental Health Provider), employment, and stable housing. This element of community integration is paired with individualized treatment planning and care – including individual and group counseling. Additionally, each Grace House resident is encouraged to develop relationships with peers/recovery coaches/sponsors who will provide further support while in the community.

The request for jurisdictional determination is for the proposed relocation of the Grace House 3.1 Program. Recovery House is requesting to relocate and expand the 3.1 program, to the McGee House (located in Rutland, VT, across the street from the Grace House). McGee House is a larger facility, allowing for census expansion (from 10 to 20 beds) – creating greater access to Vermont's only 3.1 level of substance use care, while increasing the programs sustainability. With this move, the 3.1 program will continue to offer the following services:

Serenity House

98 Church St.
Wallingford, VT 05773-0207
Phone – 802.446.2640
Fax – 802.446.2636

Grace House

35 Washington St.
Rutland, VT 05701-5029
Phone – 802.775.3476
Fax – 802.775.2984

Services to be Provided	Provider	FTE	Location
Individual Counseling Psychoeducational Group Psychotherapeutic Group Case Management	Substance Use Counselor	.75	On-Site
Case Management	Substance Use Counselor	.25	On-Site
Peer to Peer Support	Peers/Recovery Coaches	N/A	On and Off-Site
Evening/Overnight Milieu Management Daily Recovery Activities Community Integration Meal Prep	Staff	5.0	On-Site
Clinical Supervision	Clinical Supervisor	0.3	On-Site
Administrative	CEO/CFO	0.3	On and Off-Site

Additional services and activities available to clients include, food, transportation, gardening, walking, hiking, bowling, going to the movies, and 12-Step meetings.

The 3.1 program at the McGee House would require licensure from DAIL, as a Therapeutic Community Residence (TCR). Recovery House does plan to request licensure from DAIL L&P.

The capital cost of moving the 3.1 Program is relatively small. The McGee House will require minor cosmetic repairs (i.e. fresh paint, new carpeting), furniture, security, technology (computers, phone, internet), in addition to replacing the windows (for efficiency and repair purposes) and equipment upgrades. The projected cost of this is: Approximately \$250,000-\$300,000 – which would be financed by Recovery House (although this capital may be sought through Vermont’s legislation).

Annual operating costs for 3.1 programming at Grace House are currently projected at: \$175,000. In moving the 3.1 program to the McGee House, we can reasonably expect the operating costs to increase to: \$407,000. This increase reflects the change in census and need to deliver more counseling, case management, food services, transportation, staffing, building costs, heating, utilities, and administrative oversight.

Please feel free to contact me if you have any questions regarding this request or require any further information.

Thank you for your consideration and guidance,

Best Regards,


Chadd Viger
Chief Executive Officer
Recovery House, Inc.

Project & Operating Cost

Name of Project

3.1 Treatment at McGee House

Name of Organization

Recovery House, Inc.

Project Cost	Year 1	Year 2	Year 3
Furnishing, Fixtures & Other Equipment	20,000.00		
Painting Interior/Exterior	20,000.00		
Replacement Windows	40,000.00		
Security Cameras System	30,000.00		
General Refurbishment	10,000.00		
Weatherize and create heating efficiencies	15,000.00		
Client Transportation	50,000.00		
Computers	5,000.00		
Phone System	2,500.00		
Copier/Fax	2,000.00		
	<u>194,500.00</u>		
Operating Cost			
Staffing Expenses			
Salaries	201,608.00	207,656.00	213,886.00
Fringe 25% of salaries	50,402.00	51,914.00	53,471.00
	<u>252,010.00</u>	<u>259,570.00</u>	<u>267,357.00</u>
Operating Costs (expenses)			
Program Supplies	8,000.00	8,500.00	9,000.00
Telephone/ Internet	4,800.00	5,000.00	5,250.00
Food	60,000.00	62,000.00	64,000.00
Travel	2,500.00	2,500.00	2,500.00
Program Activities	6,000.00	6,250.00	6,500.00
Office Supplies	3,000.00	3,200.00	3,400.00
Advertising/Marketing	8,000.00	8,000.00	8,000.00
Property Taxes	10,250.00	10,750.00	11,250.00
Water & Sewer	7,500.00	7,500.00	7,500.00
Repairs & Maintenance	6,000.00	7,000.00	8,000.00
Heat	15,000.00	15,000.00	15,000.00
Electricity	9,000.00	9,000.00	9,000.00
Mortgage payment	1,777.00	1,777.00	1,777.00
Insurance	6,500.00	7,000.00	7,500.00
Depreciation	18,000.00	18,500.00	19,000.00
Misc	500.00	500.00	500.00
Total	<u>166,827.00</u>	<u>172,477.00</u>	<u>178,177.00</u>
Administration 10%	<u>16,682.70</u>	<u>17,247.70</u>	<u>17,817.70</u>
Total Expenses	630,019.70	449,294.70	463,351.70