
DELIVERED ELECTRONICALLY

March 4, 2022

Mr. Nick Kahm, Managing Partner
The Kahm Clinic
70 S. Winooski Ave, Suite 2C
Burlington, VT 05445

RE: Docket No. GMCB-009-21con, The Kahm Clinic, Eating Disorder Treatment Program

Dear Mr. Kahm:

Thank you for your responses to our second set of questions regarding your intent to develop an Intensive Outpatient Program and a Partial Hospitalization Program for the treatment of eating disorders at the existing Kahm Clinic. At this time, please provide the following information:

Program/Services

1. Identify and explain in detail the relative proportion of current program areas offered by the existing Kahm Clinic. What percentage of the current practice is with patients being treated for eating disorders?
2. In a table format, for calendar year 2020 and 2021, note the number of individuals served, number of tests completed using the Metabolic Testing device, the number of tests completed using the Body Composition Device, and the number of tests performed on each device that were reimbursed by insurance companies.
3. In a table format:
 - a. specify the proposed 1) number of weeks and 2) hours per day that comprise the treatment period for i) the adult PHP; ii) adult IOP; iii) adolescent PHP; and iv) adolescent IOP programs; and
 - b. during the period of treatment, specify the proposed frequency of testing using: 1) Metabolic Testing Device and 2) the Body Composition Device for i) the adult PHP; ii) adult IOP; iii) adolescent PHP; and iv) adolescent IOP programs.



4. Explain in detail the protocols for and the frequency of the lab work and metabolic panels typically ordered for the proposed adult PHP and IOP programs, and the adolescent PHP and IOP programs.
5. Explain in detail the extent of use of lab work and metabolic panels in the adult PHP and IOP programs and the adolescent PHP and IOP programs. Please explain how the information provided by the metabolic testing body composition devices affects the clinic's use of lab work and metabolic panels. We need a better understanding of how the program will utilize labs and the two devices in treating eating disorders and whether one will be relied on more frequently than the other to inform the course of patient treatment.
6. Explain in detail for each device how and whether the Metabolic Testing Device and the Body Composition Device are considered to be evidence-based practice in the treatment of eating disorders.
 - a. In addition, please respond to the concern that a therapeutic practice that focuses on monitoring weight and evaluating body composition may not be an evidence-based approach to treating eating disorders, as they are a mental health issue.
7. Explain in detail whether the Kahm Clinic's PHP and IOP programs will also participate in any external quality and outcome assessment programs. If so, please specify.
8. In a table format, provide the projected number of weeks and projected weekly charge for the adult PHP and IOP programs and for the adolescent PHP and IOP programs.
9. Please explain whether and how Kahm Clinic's treatment of eating disorder patients, both currently and as proposed in the PHP and IOP programs, differs from its work in general nutrition, sports nutrition, weight management, and prediabetes.
 - a. Are there differences in the focus and philosophy of treatment, and the language used with patients?
 - b. Is the language and emphasis found on the Kahm Clinic website <https://www.thekahmclinic.com/> reflective of the approach used with eating disorder patients?
10. Please explain how much time per week the different types of patients (adult PHP, adult IOP, adolescent PHP, and adolescent IOP) will spend in group, individual, and family therapy? Please separate out by type of patient and type of therapy.
11. Provide an update on the status of negotiations with Medicaid.

In responding, restate the question in bold font and respond in unbolded font. Send an electronic copy to me at donna.jerry@vermont.gov and one hard copy (three-hole punched) with a Verification Under Oath to my attention at the Green Mountain Care Board, 144 State Street, Montpelier, Vermont 05602.



If you have any questions, please do not hesitate to contact me at 802-760-8162.

Sincerely,

s/ Donna Jerry

Senior Health Policy Analyst
Green Mountain Care Board

cc. Laura Beliveau
Staff Attorney

