

# FY24 Hospital Budget Deliberations

Sarah A. Lindberg, Outgoing GMCB Director of Health Systems Finance Alena Berube, Incoming GMCB Director of Health Systems Finance Russ McCracken, Staff Attorney

Sept. 15, 2023

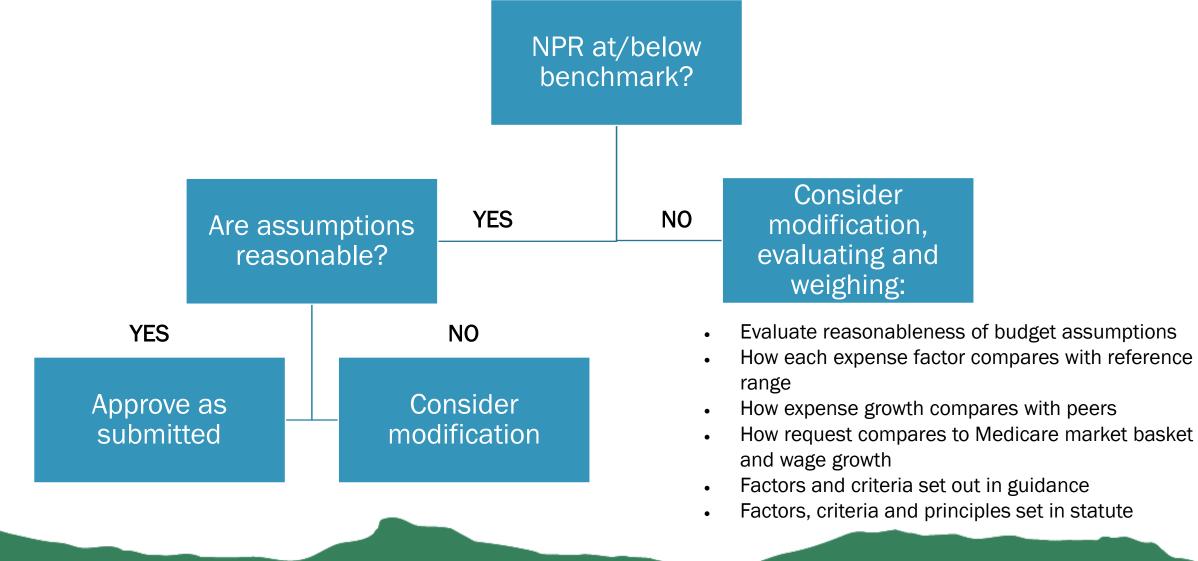
# **Overview**



- Overview of hospital budget review process
- Hospital budget deliberations:
  - Central Vermont Medical Center
  - Porter Medical Center
  - Copley Hospital
  - Northeastern Vermont Regional Hospital
- Standard Budget Order Conditions

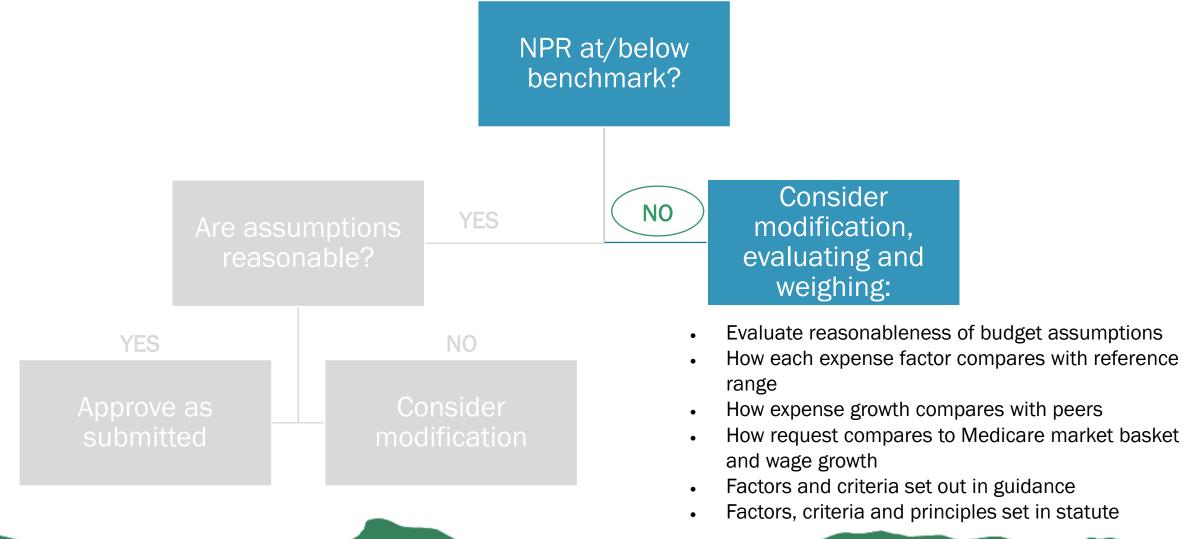
### **FY24 Hospital Budget Decision Tree**





# **FY24 Hospital Budget Decision Tree**





#### **Central Vermont Medical Center Budget Request**



#### INFLATIONARY REFERENCE RANGE

				7.0% over 2 years		3.1% over FY23P	
	FY23 Approved	FY24 Submitted	FY22 Actual to FY24 Submitted	One Year FY23P to FY24B	Two Year FY22A to FY24B	One Year FY23P to FY24B	Two Year FY22A to FY24B
	\$269 M	\$292 M	+ \$51 M	- \$33 M		- \$17 M	
NPR+FPP	12.0%	15.1%	21.4%	- 10.9%		- 5.8%	
Change in charge	10.0%	10.0%	20.0%	-3.0%	7.0%	3.1%	13.1%
Change in commercial effective rate	12.50%	10.95%	23.45%	-5.5%	7.0%	3.1%	15.6%

#### **Central Vermont Medical Center Performance Summary**



	Hospital	Relative performance (Lower better)
Expense growth (FY22 to FY24)	8.3%	54 <sup>th</sup> percentile among VT hospitals
Proportion of admin and general salaries to clinical salaries	30.9%	96 <sup>th</sup> percentile among mid-sized rural hospitals
CMI-adjusted cost per Medicare discharge	\$12,066	83 <sup>rd</sup> percentile among non-teaching PPS hospitals
Standardized price – Inpatient	\$17,892	38 <sup>th</sup> percentile among non-teaching PPS hospitals
Standardized price – Outpatient	\$302	57 <sup>th</sup> percentile among non-teaching PPS hospitals
5-year approved change in charge (FY19 to FY23)	CER = 37.7% (Δ charge = 30.0%)	100 <sup>th</sup> percentile among VT hospitals $(\Delta \text{ charge} = 54^{\text{th}})$
10-year approved change in charge (FY14 to FY23)	CER = 40.9%, FY17 to FY23 (Δ charge = 47.7%)	23 <sup>rd</sup> percentile among VT hospitals $(\Delta \text{ charge} = 69^{\text{th}})$

### **Central Vermont Medical Center FY23 Performance vs. Budget**



**Financial Indicators** 

		Vermont Hospitals			
	FY22 Actual	FY23 Approved	FY23 YTD	FY24 Submitted	FY24 Median
Op Margin	-6.5%	1.0%	-2.6%	1.5%	1.2%
Op-EBIDA Margin	-4%	4%	0%	4%	5.6%
Total Margin	-11.1%	2.8%	-0.1%	2.9%	3.8%
DCOH	68.7	80.9	42.1	40.2	109.64
Debt Service Coverage Ratio	-1.3	1.3	0.1	6.0	4.56
LT Debt to Capitalization Ratio	11.4%	9.5%	9.7%	8.3%	0.17
Age of Plant	16.4	16.3	18.5	19.6	16.02

CVMC's margin performance is below budget, driven primarily by less NPR+FPP than budgeted.

### **Central Vermont Medical Center Shared Admin Consideration**



Allocation	UVMMC	CVMC	ΡΜϹ
% NPR/FPP	81.6%	12.8%	5.6%
\$Millions over Median	591 48	\$14.41	\$6.26

#### **Central Vermont Medical Center Staff recommendation**



- Modify budget from submitted as follows:
  - Adjust NPR+FPP growth to 14.4% from 21.4%
  - Adjust 10.0% change in charge to 5.0%
  - Include additional condition for monthly reporting and to submit within 3 months an improvement plan addressing areas of particular concern
- Rationale:
  - FY23 YTD results ~6% under budget
  - Expense growth and standardized commercial prices at or below median
  - Opportunity to increase efficiency across UVMHN

# **Suggested motion language**



Suggested motion language (modify as needed):

Move to approve Central Vermont Medical Center's budget as modified hereby, with a 14.4% *increase* from FY2022 actual to FY2024 budgeted NPR/FPP (reduced from 21.4%); a 5.0% charge *increase* from FY2023 to FY2024 (reduced from 10.0%); and subject to the standard budget conditions as approved by and an additional condition:

 CVMC shall submit to the Board within 3 months a plan addressing CVMC's efforts to reduce costs and control overall expense growth in connection with, among other things, information technology, human resources, management, and revenue cycle management. Further, CVMC is required to meet monthly with Board staff for monitoring purposes.

#### **Porter Medical Center Budget Request**



#### INFLATIONARY REFERENCE RANGE

				7.0% over 2 years		3.1% over FY23P	
	FY23 Approved	FY24 Submitted	FY22 Actual to FY24 Submitted	One Year FY23P to FY24B	<b>Two Year</b> FY22A to FY24B	One Year FY23P to FY24B	<b>Two Year</b> FY22A to FY24B
	\$104 M	\$127 M	+ \$28 M	- \$3 M		- \$2 M	
NPR+FPP	5.8%	8.3%	28.4%	- 1.5%		- 1.8%	
Change in charge	3.5%	6.9%	10.4%	3.5%	7.0%	3.1%	6.6%
Change in commercial effective rate	11.5%	6.9%	18.4%	-4.5%	7.0%	3.1%	14.60%

### **Porter Medical Center** Performance Summary



	Hospital	Relative performance <i>(Lower better)</i>
Expense growth (FY22 to FY24)	17.8%	100 <sup>th</sup> percentile among VT hospitals
Proportion of admin and general salaries to clinical salaries	29.3%	92 <sup>nd</sup> percentile among critical access hospitals
CMI-adjusted cost per Medicare discharge	\$12,075	58 <sup>th</sup> percentile among critical access hospitals
Standardized price – Inpatient	\$18,609	54 <sup>th</sup> percentile among critical access hospitals
Standardized price – Outpatient	\$314	43 <sup>rd</sup> percentile among critical access hospitals
5-year approved change in charge (FY19 to FY23)	CER = $24.4\%$ ( $\Delta$ charge = $6.5\%$ )	$38^{th}$ percentile among VT hospitals ( $\Delta$ charge = 1 <sup>st</sup> )
10-year approved change in charge (FY14 to FY23)	CER = 32.7%, FY17 to FY23 ( $\Delta$ charge = 22.8%)	$8^{th}$ percentile among VT hospitals ( $\Delta$ charge = 1 <sup>st</sup> )

### **Porter Medical Center FY23 Performance vs Budget**



#### **Financial Indicators**

		Vermont Hospitals			
	FY22 Actual	FY23 Approved	FY23 YTD	FY24 Submitted	FY24 Median
Op Margin	3.1%	5.7%	8.8%	7.9%	1.2%
Op-EBIDA Margin	6%	8%	11%	10%	5.6%
Total Margin	-1.6%	6.1%	11.4%	9.0%	3.8%
DCOH	120.0	169.9	101.5	117.8	109.64
Debt Service Coverage Ratio	7.5	10.8	15.8	15.4	4.56
LT Debt to Capitalization Ratio	14.3%	13.9%	15.4%	11.1%	0.17
Age of Plant	15.8	19.3	4.3	5.9	16.02

PMC's margin performance is outperforming its budget, driven primarily by more NPR+FPP than budgeted.

### Porter Medical Center Shared Admin Consideration



Allocation	UVMMC	CVMC	РМС
% NPR/FPP	81.6%	12.8%	5.6%
\$Millions over Median	S91.48	\$14.41	\$6.26

#### **Porter Hospital** Staff recommendation



- Modify budget from submitted as follows:
  - Approve NPR+FPP growth 28.4% as submitted
  - Adjust 5.0% change in charge to 3.1%
  - Include additional condition for monthly reporting and to submit within 3 months an improvement plan addressing areas of particular concern
- Rationale:
  - FY23 YTD results for operating margin, operating EBIDA margin, and total margin exceeding budget; especially since new commercial rates were implemented in Jan 2023.
  - Expense growth, costs per discharge, and admin-to-clinical salaries above 75<sup>th</sup> percentile
  - Opportunity to increase utilization across UVMHN

# **Suggested motion language**



Suggested motion language (modify as needed):

Move to approve Porter Hospital's budget as modified hereby, with a 28.4% *increase* from FY2022 actual to FY2024 budgeted NPR/FPP, a 3.1% charge *increase* from FY2023 to FY2024 (reduced from 5.0%); and subject to the standard budget conditions as approved by Board and an additional condition:

 Porter shall submit to the Board within 3 months a plan addressing Porter's efforts to reduce costs and control overall expense growth in connection with, among other things, information technology, human resources, management, and revenue cycle management. Further, Porter is required to meet monthly with Board staff for monitoring purposes.

### **Copley Hospital Budget Request**



#### INFLATIONARY REFEENCE RANGE

				7.0% over 2 years		3.1% over FY23P	
	FY23 Approved	FY24 Submitted	FY22 Actual to FY24 Submitted	One Year FY23P to FY24B	Two Year FY22A to FY24B	One Year FY23P to FY24B	Two Year FY22A to FY24B
	\$96 M	\$111 M	+ \$20 M	- \$19 M		-\$11 M	
NPR+FPP	5.1%	12.8%	21.3%	-17.7%		-10	.5%
Change in charge	12.0%	15.0%	27.0%	-5.0%	7.0%	3.1%	15.1%

#### **Copley Hospital** Performance Summary



	Hospital	Relative performance (Lower better)
Expense growth (FY22 to FY24)	12.1%	69 <sup>th</sup> percentile among VT hospitals
Proportion of admin and general salaries to clinical salaries	16.4%	42 <sup>nd</sup> percentile among critical access hospitals
CMI-adjusted cost per Medicare discharge	\$10,672	42 <sup>nd</sup> percentile among critical access hospitals
Standardized price – Inpatient	\$18,305	52 <sup>nd</sup> percentile among critical access hospitals
Standardized price – Outpatient	\$246	22 <sup>nd</sup> percentile among critical access hospitals
5-year approved change in charge (FY19 to FY23)	36.3%	1 <sup>st</sup> percentile among VT hospitals
10-year approved change in charge (FY14 to FY23)	31.2%	8 <sup>th</sup> percentile among VT hospitals

## **Copley Hospital FY23 margin below budget**



#### **Financial Indicators**

		Vermont Hospitals			
	FY22 Actual	FY23 Approved	FY23 YTD	FY24 Submitted	FY24 Median
Op Margin	-0.7%	1.6%	-0.7%	3.0%	1.2%
Op-EBIDA Margin	3%	5%	3%	6%	5.6%
Total Margin	0.7%	1.9%	-0.6%	3.2%	3.8%
DCOH	65.8	88.1	40.1	<b>59.6</b>	109.64
Debt Service Coverage Ratio	3.1	6.1	3.3	8.4	4.56
LT Debt to Capitalization Ratio	20.1%	24.6%	26.0%	32.4%	0.17
Age of Plant	12.5	13.7	13.0	12.4	16.02

CH's margin performance is underbudget, driven primarily by higher-than-budgeted salary/benefit/contractual expenses.

### **Copley Hospital** Staff recommendation



- Modify budget from submitted as follows:
  - Approve NPR+FPP growth 21.3% as submitted
  - Adjust 15.0% change in charge to 8.0%
- Rationale:
  - Historical low reliance on rate increases; however larger increases in recent years
  - At or below median in admin-to-clinical salary ratio and costs/standardized price
  - Brings 2-year growth in rate closer to peers

# **Suggested motion language**



Suggested motion language (modify as needed):

Move to approve Copley Hospital's budget as modified hereby, with a 21.3% *increase* from FY2022 actual to FY2024 budgeted NPR/FPP, a 8.0% charge *increase* from FY2023 to FY2024 (reduced from 15.0%); and subject to the standard budget conditions as approved by Board [and any additional conditions].

#### Northeastern Vermont Regional Hospital Budget Request



#### INFLATIONARY REFERENCE RANGE

				7.0% over 2 years		3.1% over FY23P	
	FY23 Approved	FY24 Submitted	FY22 Actual to FY24 Submitted	One Year FY23P to FY24B	Two Year FY22A to FY24B	One Year FY23P to FY24B	Two Year FY22A to FY24B
	\$110 M	\$124 M	+ \$17 M	- \$21 M		- \$13 M	
NPR+FPP	4.2%	11.4%	16.3%	- 16.2%		- 10.2%	
Change in charge	10.8%	15.0%	25.8%	- 3.8%	7.0%	3.1%	13.9%

#### Northeastern Vermont Regional Hospital Performance Summary



	Hospital	Relative performance (Lower better)
Expense growth (FY22 to FY24)	14.6%	85 <sup>th</sup> percentile among VT hospitals
Proportion of admin and general salaries to clinical salaries	21.0%	46 <sup>th</sup> percentile among critical access hospitals
CMI-adjusted cost per Medicare discharge	\$13,224	71 <sup>st</sup> percentile among critical access hospitals
Standardized price – Inpatient	\$22,634	75 <sup>th</sup> percentile among critical access hospitals
Standardized price – Outpatient	\$418	75 <sup>th</sup> percentile among critical access hospitals
5-year approved change in charge (FY19 to FY23)	23.7%	38 <sup>th</sup> percentile among VT hospitals
10-year approved change in charge (FY14 to FY23)	46.5%	54 <sup>th</sup> percentile among VT hospitals

#### Northeastern Vermont Regional Hospital FY23 Performance vs. Budget



#### **Financial Indicators**

	١	Vermont Hospitals			
	FY22 Actual	FY23 Approved	FY23 YTD	FY24 Submitted	FY24 Median
Op Margin	0.2%	0.2%	1.1%	1.0%	1.2%
Op-EBIDA Margin	4%	4%	5%	4%	5.6%
Total Margin	-3.2%	0.4%	3.0%	1.0%	3.8%
DCOH	105.7	104.9	66.6	66.4	109.64
Debt Service Coverage Ratio	4.2	4.2	4.7	5.5	4.56
LT Debt to Capitalization Ratio	18.0%	17.9%	17.3%	21.0%	0.17
Age of Plant	14.4	14.5	14.9	14.4	16.02

NVRH's margin performance is outperforming its budget, driven primarily by higher-than-budgeted NPR+FPP.

#### Northeastern Vermont Regional Hospital Staff Recommendation



- Modify budget from submitted as follows:
  - Adjust NPR+FPP growth from 16.3% to 9.2% with adjustment of operating expenses by \$8.2 M
  - Adjust 15.0% change in charge to 7.0%
  - Include additional condition for monthly reporting and to submit within 3 months an improvement plan addressing areas of particular concern
- Rationale:
  - Brings 2-year growth in rate closer to peers
  - Costs and standardized prices near 75<sup>th</sup> percentile
  - Relatively high expense growth

# **Suggested motion language**



Suggested motion language (modify as needed):

Move to approve Northeastern Vermont Regional Hospital's budget as modified hereby, with a 9.2% *increase* from FY2022 actual to FY2024 budgeted NPR/FPP (reduced from 16.3%) and a commensurate reduction in operating expenses from the submitted budget, a 7.0% charge *increase* from FY2023 to FY2024 (reduced from 15.0%), and subject to the standard budget conditions as approved by Board and an additional condition:

• NVRH shall submit to the Board within 3 months a plan addressing NVRH's efforts to reduce costs and control overall expense growth. Further, NVRH is required to meet monthly with Board staff for monitoring purposes.

# **FY24 Standard Budget Conditions** (correction)



- A. [HOSPITAL]'s FY24 NPR/FPP budget is approved at a growth rate of not more than [xx]% over its FY22 actual, with a total NPR/FPP of not more than \$[xx] for FY24.
- B. [HOSPITAL]'s overall change and charge and commercial rate increases are approved at not more than [xx]% over current approved levels, with no commercial rate increase for any payer at more than [xx]% over current approved levels. The commercial rate increase overall or with respect to any payer may be less than [xx]% as negotiated between the hospital and payer.
- C. The commercial rate increase cap in Paragraph B. is a maximum and is subject to negotiation between [HOSPITAL] and commercial insurers. [HOSPITAL] shall not represent the maximum commercial rate increase approved by the GMCB in Paragraph B. or the expected commercial NPR based on that rate increase as the amounts set or guaranteed by the GMCB in the hospital's negotiations with insurers.
- D. [HOSPITAL]'s expected commercial NPR, based on its budget as adjusted in this Order, is \$[X]. [HOSPITAL] shall report its actual expected commercial NPR not later than March 15 or such later date as specified by the Board Chair and explain any variations from the expected commercial NPR.
- E. [HOSPITAL] shall file with the Board its actual year-to-date FY24 operating results on April 30, 2024 for October 1, 2023 through March 31, 2024. The report shall be in a form and manner as prescribed by GMCB staff.

# **Standard Budget Conditions: Suggested Motion Language**



Suggested motion language:

Move to approve the correction to the standard budget conditions as presented to the Board.