



June 27, 2023

To: Donna Jerry
Green Mountain Care Board
89 Main St.
Montpelier, VT 05620

Donna,

I am writing to request jurisdictional determination for Recovery House, Inc.

Recovery House, Inc. is a non-profit organization with several substance use treatment programs under its operation – Serenity House, Grace House, Public Inebriate Program, and the McGee House (unoccupied). Recovery House has been serving Vermonters struggling with addiction for 48 years. Serenity House, the oldest program available, is a 34-bed, inpatient residential detoxification and treatment program. It operates in the American Society of Addiction Medicine (ASAM) 3.5-3.7 level of care range. The Grace House is home to our 12-bed, low intensity residential treatment program. This program operated in the ASAM 3.1 level of care (low intensity residential substance use treatment program). Also located at the Grace House is our Public Inebriate Program, serving Rutland and Addison County.

Recovery House provides a caring, person-center approach to substance use treatment. Each program operates within our core values, aiming to make not only the individual healthier, but the community as a whole. Grace House 3.1 Program serves as the bridge between inpatient services and the community, for the client. Community integration is a key component to this program. During their stay, each client works to gain access to community resources (i.e. Primary Care Provider, Dentist, Mental Health Provider), employment, and stable housing. This element of community integration is paired with individualized treatment planning and care – including individual and group counseling. Additionally, each Grace House resident is encouraged to develop relationships with peers/recovery coaches/sponsors who will provide further support while in the community.

The request for jurisdictional determination is for the proposed development of a 16 bed ASAM 3.1 low-intensity residential substance use treatment program, to be located at McGee House (30 Washington St. Rutland, VT). Recovery House was recently awarded funding by the Vermont Department of Health, Division of Substance Use Programs for 16 additional beds at the ASAM 3.1 low-Intensity residential substance use treatment level of care, creating greater access to Vermonters in need. This 3.1 program will offer the following services (identical to our current Grace House program mentioned above):

| Services to be Provided | Provider | FTE | Location |
|---|-------------------------|------------|-----------------|
| Individual Counseling Psychoeducational Group Psychotherapeutic Group Case Management | Substance Use Counselor | .75 | On-Site |
| Case Management | Substance Use Counselor | .25 | On-Site |
| Peer to Peer Support | Peers/Recovery Coaches | N/A | On and Off-Site |
| Evening/Overnight Milieu Management Daily Recovery Activities Community Integration Meal Prep | Staff | 5.0 | On-Site |
| Clinical Supervision | Clinical Supervisor | 0.25 | On-Site |
| Administrative | CEO/CFO | 0.10 | On and Off-Site |

Additional services and activities available to clients include, food, transportation, gardening, walking, hiking, bowling, going to the movies, and 12-Step meetings.

The ASAM 3.1 program at the McGee House would require licensure from DAIL, as a Therapeutic Community Residence (TCR). Recovery House does plan to request licensure from DAIL L&P.

The capital cost of creating this ASAM 3.1 Program is relatively small. Recovery House owns the building, the “McGee House”, located at 30 Washington St. Rutland, VT, which will house the new 16 bed ASAM 3.1 Program. Most recently, Recovery House had rented the building to Vermont Achievement Center, who in turn offered Department of Corrections reintegration programming. This building has been vacant since 2020. The McGee House will require minor cosmetic repairs (i.e. fresh paint, new carpeting), furniture, security, technology (computers, phone, internet), in addition to replacing the windows (for efficiency and repair purposes) and equipment upgrades. The projected cost of this is: Approximately \$161,500.00 – which would be financed by Recovery House (although this capital may be sought through Vermont’s legislation or other grant opportunities).

Annual operating costs for 3.1 programming at McGee House are currently projected at: \$533,790.95 in year one, titrating to \$535,790.95 by year three. This includes costs related to salaries, fringe benefits, operating costs, and administrative costs.

Please feel free to contact me if you have any questions regarding this request or require any further information.

Thank you for your consideration and guidance,

Best Regards,

Chadd Viger
Chief Executive Officer
Recovery House, Inc.