

June 13, 2023

To:

Donna Jerry

**Green Mountain Care Board** 

89 Main St.

Montpelier, VT 05620

Donna,

I am writing to request jurisdictional determination for Recovery House, Inc.

Recovery House, Inc. is a non-profit organization with several substance use treatment programs under its operation – Serenity House, Grace House, Public Inebriate Program, and the McGee House (unoccupied). Recovery House has been serving Vermonters struggling with addiction for 48 years. Serenity House, the oldest program available, is a 34-bed, inpatient residential detoxification and treatment program. It operates in the ASAM 3.5-3.7 level of care range. The Grace House is home to our 12-bed, low intensity residential treatment program. This program operated in the ASAM 3.1 level of care range. Also located at the Grace House is our Public Inebriate Program, serving Rutland and Addison County.

Recovery House provides a caring, person-center approach to substance use treatment. Each program operates within our core values, aiming to make not only the individual healthier, but the community as a whole. Grace House 3.1 Program serves as the bridge between inpatient services and the community, for the client. Community integration is a key component to this program. During their stay, each client works to gain access to community resources (i.e. Primary Care Provider, Dentist, Mental Health Provider), employment, and stable housing. This element of community integration is paired with individualized treatment planning and care — including individual and group counseling. Additionally, each Grace House resident in encouraged to develop relationships with peers/recovery coaches/sponsors who will provide further support while in the community.

The request for jurisdictional determination is for the proposed expansion of 3.1 level of care services. Recovery House was recently awarded funding by the Vermont Department of Health, Division of Substance Use Programs for 16 additional beds at the 3.1 level of care, creating greater access to Vermonters in need. This 3.1 program will offer the following services (identical to our current Grace House program mentioned above):



Services to be Provided	Provider	FTE	Location	
Individual Counseling Psychoeducational Group Psychotherapeutic Group Case Management	Substance Use Counselor	.75	On-Site	
Case Management	Substance Use Counselor	.25	On-Site	
Peer to Peer Support	Peers/Recovery Coaches	N/A	On and Off-Site	
Evening/Overnight Milieu Management Daily Recovery Activities Community/Integration Meal Prep	Staff	5.0	On-Site	
Clinical Supervision	Clinical Supervisor	0.25	On-Site	
Administrative	CEO/CFO	0.10	On and Off-Site	

Additional services and activities available to clients include, food, transportation, gardening, walking, hiking, bowling, going to the movies, and 12-Step meetings.

The 3.1 program at the McGee House would require licensure from DAIL, as a Therapeutic Community Residence (TCR). Recovery House does plan to request licensure from DAIL L&P.

The capital cost creating this 3.1 Program is relatively small. The McGee House will require minor cosmetic repairs (i.e. fresh paint, new carpeting), furniture, security, technology (computers, phone, internet), in addition to replacing the windows (for efficiency and repair purposes) and equipment upgrades. The projected cost of this is: Approximately \$161,500.00 – which would be financed by Recovery House (although this capital may be sought through Vermont's legislation or other grant opportunities).

Annual operating costs for 3.1 programming at McGee House are currently projected at: \$533,790.95 in year one, titrating to \$535,790.95 by year three. This includes costs related to salaries, fringe benefits, operating costs, and administrative costs.

Please feel free to contact me if you have any questions regarding this request or require any further information.

Thank you for your consideration and guidance,

Best Regards,

Chadd Viger

**Chief Executive Officer** 

Recovery House, Inc. (802) 446-2640

info@recoveryhousevt.org

www.recoveryhousevt.org

PO Box 207; Wallingford, VT 05773

## **Capital & Operating Cost**

Name of Project
Name of Organization

## 3.1 Treatment at McGee House Recovery House, Inc.

Capital Costs	Year 1	Year 2	Year 3
Furnishing, Fixtures & Other Equipment	50,000.00	0	0
Painting Exterior	20,000.00	0	0
Security Cameras System	30,000.00	0	0
General Refurbishment	2,000.00	0	0
Client Transportation	50,000.00	0	0
Computers	5,000.00	0	0
Phone System	2,500.00	0	0
Copier/Fax	2,000.00	. 0	0
	161,500.00		
Operating Cost	·		
Staffing Expenses			
Salaries	237,500.00	237,500.00	237,500.00
Fringe 20% of salaries (Average)	54,687.50	54,687.50	54,687.50
	292,187.50	292,187.50	292,187.50
Operating Costs (expenses)			
Program Supplies	7,000.00	7,000.00	7,000,00
Telephone/ Internet	3,600.00	3,600.00	7,000.00
Food	75,000.00		3,600.00
Travel	2,500.00	75,000.00	75,000.00
Program Activities	5,000.00	2,500.00	2,500.00
Equipment	4,000.00	5,000.00	5,000.00
Office Supplies	5,000.00	4,000.00	4,000.00
Training		3,500.00	3,000.00
Advertising/Marketing	1,500.00	1,500.00	1,500.00
Property Taxes	6,000.00	6,000.00	6,000.00
Water & Sewer	10,250.00	10,750.00	11,250.00
Repairs & Maintenance	7,500.00	7,500.00	7,500.00
Heat	6,000.00	7,000.00	8,000.00
Electiricty	23,450.00	23,450.00	23,450.00
	9,000.00	9,000.00	9,000.00
Mortgage payment Insurance	1,777.00	1,777.00	1,777.00
	7,000.00	7,000.00	7,000.00
Depreciation Misc	18,000.00	18,500.00	19,000.00
	500.00	500.00	500.00
Total	193,077.00	193,577.00	195,077.00
Administration 10%, Clinical Supervision 25%	48,526.45	48,526.45	48,526.45
Total Operating Costs (Salaries, Fringe, Direct, Indirect)	F22 700 05	524 260 OF	
rotal operating costs (Salaries, Fillige, Direct, Indirect)	533,790.95	534,290.95	535,790.95