A public comment has been received 07/26/2024.

Name: Anya Gendal

Town: Affiliation:

Topic: Health Insurance Rate Review

## Comment:

As an employee of The Family Place in Norwich, Vermont, I am very concerned about the proposed rate increases for both BCBSVT and MVP. This nonprofit organization provides coverage under both of these plans to support the health and well-being of 43 employees and their families. The cost of health insurance has continued to place a strain on the organization's budget which has led to underinsured families and staff turnover. Increasing the cost of health insurance through the marketplace will put additional strain on children and families served by the organization who often have limited income and tight budgets. Families and children who are underinsured often wait to seek critical health care due to high deductibles, which can lead to developmental delays and other longer term challenges. I strongly encourage the Green Mountain Care Board to keep health insurance affordable to employers and families in the state.

Thank you,

Anya Gendal (she/her), BS Nutrition, CLC PCC Specialist / Child & Family Nutritionist

Post Comment: Yes