

A public comment has been received 05/19/2024.

**Name:** Laura McCaffrey

**Town:** East Montpelier

**Affiliation:**

**Email:**

**Topic:** Health Insurance Rate Review

**Comment :** Once again, both Blue Cross and MVP propose unsustainable health insurance increases to already exorbitant costs for insurance plans. Each year deductibles and coinsurance percentages also rise. Insurance companies blame hospitals and providers, providers and hospitals blame insurance companies, and neither seem to do anything to change this already catastrophic situation. And why should they? Vermonters have no options for better health care and better health care costs. We either must pay or risk astronomical debts. I'd say the situation was shameful if I thought anyone making these decisions had any shame.

**Post Comment:** Yes