Green Mountain Care Board
September 7, 2017

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Brattleboro Retreat, President and CEO
Serving Vermonters Since 1834
Brattleboro Retreat Key Stats

- More than 5,000 people served per year (all programs)
- Inpatient admissions in 2016: 3,062
- Served a total of 3,275 individuals on an outpatient (ambulatory) basis in 2016.
- Served 92 Children in residential programs in 2016
- Served 146 children in school programs in 2016
- Served 697 children across all programs in 2016
- Approximately 870 employees
Inpatient Programs

- **Children's Inpatient**: 12-bed unit (ages 4-12)
- **Adolescent Inpatient**: 18-bed unit (ages 13-18)
- **Emerging Adult Inpatient**: 14-bed unit (ages 18-26)
- **Adult Inpatient** (Gen. Psychiatry): 24-bed unit
- **Adult Inpatient** (Co-occurring Disorders): 22-bed unit
- **LGBT Adult Inpatient**: 15-bed unit
- **Adult Intensive Inpatient** (VT Dept. of Mental Health): 14-bed unit
Outpatient/Residential Programs

- **Residential** (Two programs: children and adolescents): 23 total beds (8 children; 15 adolescents)

- **Birches Treatment Center** Partial Hospital (PHP) and Intensive Outpatient (IOP): 36 adult patients w/ dormitory option.

- **Starting NowSM** Outpatient (OP), Intensive Outpatient (IOP), and **HUB/MAT** addiction treatment programs: 150+ at any given time.

- **Uniformed Service Program** (adult partial hospital): 15 patients with option for overnight accommodations.

- **Mind-Body Pain Mgmt. Clinic**

- **Meadows School** Vermont approved K-12
Inpatient Bed Capacity

Licensed Beds  149
Current Total Beds  119
Current Staffed Beds  104
Involuntary & Forensic

- **2016**
  - Involuntary: 224
  - Forensic: 29

- **YTD 2017**
  - Involuntary: 173
  - Forensic: 17
Challenges

- Increased need for MH services
- High acuity
- Increasingly complex medical challenges
- Limited available workforce
- Financial challenges compared to acute care hospitals
Acuity & Employee Injuries

January to July 2017

- 113 Patient-Related Incidents (Greatest number on Adult Intensive Unit)
- 76 days of lost staff time
- VOSHA complaints
Staffing Challenges

As of 8/28/17:

- Open RN FTE: 23
- Open MHW: 22
- Total Open FTE: 79
System Issues

- People with psychiatric needs waiting in Emergency Departments
- Bottle-necks in system prevents timely discharge from our inpatient beds
- Community Mental Health resources are limited
- VT DVHA no longer pays for inpatient opioid detox—Maple Leaf closed
Bright Spots

- Telemedicine
- Evidence Based Practices
- Vermont Collaborative Care
- The Welcoming Place
- Uniformed Service Program
- LGBT Program
- Stand Up to Stigma
- New Three-Year Strategic Plan
Questions