



Brattleboro Retreat

**Green Mountain Care Board**  
**September 7, 2017**

**Louis Josephson, Ph.D.**  
**Brattleboro Retreat, President and CEO**

# Serving Vermonters Since 1834



# Brattleboro Retreat Key Stats

- More than 5,000 people served per year (all programs)
- Inpatient admissions in 2016: 3,062
- Served a total of 3,275 individuals on an outpatient (ambulatory) basis in 2016.
- Served 92 Children in residential programs in 2016
- Served 146 children in school programs in 2016
- Served 697 children across all programs in 2016
- Approximately 870 employees



# Inpatient Programs

- **Children's Inpatient:** 12-bed unit (ages 4-12)
- **Adolescent Inpatient:** 18-bed unit (ages 13-18)
- **Emerging Adult Inpatient:** 14-bed unit (ages 18-26)
- **Adult Inpatient (Gen. Psychiatry):** 24-bed unit
- **Adult Inpatient (Co-occurring Disorders):** 22-bed unit
- **LGBT Adult Inpatient:** 15-bed unit
- **Adult Intensive Inpatient (VT Dept. of Mental Health):** 14-bed unit



# Outpatient/Residential Programs

- **Residential** (Two programs: children and adolescents): 23 total beds (8 children; 15 adolescents)
- **Birches Treatment Center** Partial Hospital (PHP) and Intensive Outpatient (IOP): 36 adult patients w/ dormitory option.
- **Starting Now<sup>SM</sup>** Outpatient (OP), Intensive Outpatient (IOP), and **HUB/MAT** addiction treatment programs: 150+ at any given time.
- **Uniformed Service Program** (adult partial hospital): 15 patients with option for overnight accommodations.
- **Mind-Body Pain Mgmt. Clinic**
- **Meadows School** Vermont approved K-12



# Inpatient Bed Capacity

**Licensed Beds 149**

**Current Total Beds 119**

**Current Staffed Beds 104**



# Involuntary & Forensic

- **2016**

- **Involuntary: 224**

- **Forensic: 29**

- **YTD 2017**

- **Involuntary: 173**

- **Forensic: 17**



# Challenges

- **Increased need for MH services**
- **High acuity**
- **Increasingly complex medical challenges**
- **Limited available workforce**
- **Financial challenges compared to acute care hospitals**





# Acuity & Employee Injuries

January to July 2017

- 113 Patient-Related Incidents  
(Greatest number on Adult Intensive Unit)
- 76 days of lost staff time
- VOSHA complaints



# Staffing Challenges

As of 8/28/17:

- Open RN FTE: 23
- Open MHW: 22
- Total Open FTE: 79



# System Issues

- People with psychiatric needs waiting in Emergency Departments
- Bottle-necks in system prevents timely discharge from our inpatient beds
- Community Mental Health resources are limited
- VT DVHA no longer pays for inpatient opioid detox—Maple Leaf closed



# Bright Spots

- Telemedicine
- Evidence Based Practices
- Vermont Collaborative Care
- The Welcoming Place
- Uniformed Service Program
- LGBT Program
- Stand Up to Stigma
- New Three-Year Strategic Plan



